

## Fitbit Zip Manual

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### Fitbit Zip Manual

Setting up your Fitbit Zip To make the most of your Zip, use the free Fitbit app available for iOS®, Android™, and Windows® 10 mobile devices. If you don't have a compatible mobile device, you can use a computer and fitbit.com instead. Setting up your tracker on your mobile device

### Fitbit Zip User Manual 1.2

Syncing occurs every 15 minutes when your Zip has new data and is within 15 feet of a plugged-in Wireless Sync Dongle. You can Force Sync your Zip by clicking on the Fitbit Connect icon, which is located by the time and date on your computer. Select Sync Now to start the Force Sync. Page 9: Setting Up Fitbit Zip On A Mobile Device

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### Fitbit Zip User Manual 1.2

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### Fitbit Zip User Manual 1.2

Find your fit with Fitbit's family of fitness products that help you stay motivated and improve your health by tracking your activity, exercise, food, weight and sleep. Get tools for heart health, stress management, skin temperature trends and more with new Fitbit Sense.

### Fitbit Official Site for Activity Trackers & More

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The Fitbit zip is an accelerometer that can be worn on your belt or in your pocket, it will provide you with information, such as the number of steps that you've taken, the distance that you've traveled or the number of calories that you burn.

### Fitbit Zip Set Up Instructions - Fitbit Setup

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### Fitbit User Manuals

Fitbit Zip has a replaceable battery that you never have to charge. To insert or change your battery, use the battery door tool to unlock and open the door. Battery life up to 6 months. Battery life and charge cycles vary with use, settings, and other factors; actual results will vary.

### Shop Fitbit Zip

In the Fitbit app, tap the Today tab > your profile picture > your device image. The firmware version number appears under your device's name. On the fitbit.com dashboard, click the gear icon and select your device to find the firmware version.. On certain Fitbit devices, find the firmware version in the Settings app > About or Device Info.

### How do I update my Fitbit device?

Use the Fitbit app and dashboard to track activity, record workouts, log food, connect with friends and family & more. Available on 140+ iOS, Android and Windows devices. Fitbit Products. Fitness Wristbands and Clips. Fitbit Zip® Fitbit One® ...

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